

## Bowel Management – How do we start?

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”Living with neurogenic bowel dysfunction – Consumer perspective”

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”The Nordic Way”

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”International guidelines”

4. **Aarhus University Hospital**

”How to detect and monitor neurogenic bowel dysfunction – Recorded Interview”

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### LEARNING OBJECTIVES

- Living with neurogenic bowel dysfunction
- Guidelines for neurogenic bowel dysfunction management
- How to detect and monitor neurogenic bowel dysfunction

This workshop will elaborate on and further discuss a bowel management project initiated by a team of Nordic Nurses at the last NoSCoS meeting in Copenhagen 2019. While trying to identify which bowel management that is offered to spinal cord injured patients in the Nordic countries we faced questions such as; *What are the official guidelines and do our protocols follow them? What is a criteria of success in bowel management? What is the time span from start of a new bowel management initiative to evaluation? What do we need to document in order to make a good evaluation? And last but not least — how do we spread the knowledge to our colleagues?*

As the title of this workshop indicates, the focus will be on the inpatient-care in the initial rehabilitation, knowing that bowel management will change over time. During this workshop we will discuss the questions above and try to navigate through some of the different official guidelines. We hope to see interaction with the participants and we have invited a consumer as one of the speakers, in order to share and discuss the consumers’ point of view on the bowel management process during the rehabilitation period.

### CONTRIBUTORS

The organizers of this workshop are nurses working at different SCI-rehabilitation facilities within the Nordic countries.

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