

Return-to-work after spinal cord injury: involving the workplace in the process

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LEARNING OBJECTIVES

Participants will gain knowledge and understanding related to

- 1) Components and design of ReWork-SCI;
- 2) The role of health care professionals in the implementation of a RTW rehabilitation;
- 3) Sociocultural and institutional factors in the coordination of RTW between the coordinator, the employee, and the employer;
- 4) The involvement of consumers and health care professionals in development of a health care intervention.

ReWork-SCI is a person-centred intervention addressing the return-to-work (RTW) process after spinal cord injury (SCI). The intervention is supported by a coordinator and integrates systematic and structured methods for establishing goals, facilitating dialogue between stakeholders, and follow-up. In this workshop, we will share insights from the development and evaluation of ReWork-SCI which included different stakeholder groups, such as persons with SCI, health care professionals, employers, representatives from the Swedish social insurance agency and the Swedish employment office. The structure of the workshop includes short presentations from the presenters' research to introduce participants to key concepts and provide triggers for discussion. Participants will then be invited to small group discussions around focused questions followed by reporting back and sharing in larger group. Interactive methods to facilitate an exchange between participants, as well as digital documentation, will be utilized.

Presenters *Dr. Lisa Holmlund* and Associate Professor *Eric Asaba*, Karolinska Institutet:

- a) Intervention components for ReWork-SCI;
- b) Coordination of RTW between rehabilitation services, the person with SCI, and the workplace,
- c) Expectation-experience discrepancies among three stakeholder groups when re-entering the 'job-bubble' after SCI.