

## Telerehabilitation in SCI — where can we take it?

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### LEARNING OBJECTIVES

- To get an overview over the success factors when implementing Telerehabilitation
- To get inspiration how to use telerehabilitation
- To get a vision of the future of telerehabilitation

This workshop offers an overview of the use of telerehabilitation and inspiration from national and international pioneers in the field. We will discuss how we can further develop telerehabilitation with ideas that might promote innovation, improved access to care and competence and new scientific discovery.

The COVID-19 pandemic has impacted all aspects of health care delivery and increased the need for distance consultations. Telerehabilitation refers specifically to clinical rehabilitation services with the focus on evaluation, diagnosis, as well as treatment, and can be provided in a variety of ways. The shift to telerehabilitation provides a tremendous learning opportunity.

Therefore, the overall aim of this workshop is to initiate a Nordic network in the field of telerehabilitation (SIG).

The following topics will be presented:

- Telerehabilitation, a need for the future? *Marcalee Alexander*
- Inspiration from an Indian setting - what can we learn, *Nishu Tyagi*
- Important Success Factors when Implementing TeleRehabilitation in a Health. *Ingebjørg Irgens*
- DRIV "An Online Wellness Program for persons with long-term spinal cord injury", *Hanna Isaksson*
- Discussion for the future - where can we take it?